

| | Oktober | | | | November | | | | Dezember | | | | |
|----|---------|----|----|------------|-----------|-----------|-----------|------------|----------|--------------------|------------|----|----|
| | 40 | 41 | 42 | 43 | 44 | 45 | 46 | 47 | 48 | 49 | 50 | 51 | 52 |
| Mo | 3 | 10 | 17 | 24 | 31 | 7 | 14 | 21 | 28 | 5 | 12 | 19 | 26 |
| Di | 4 | 11 | 18 | 25 | 1 | 8 | 15 | 22 | 29 | 6 | 13 | 20 | 27 |
| Mi | 5 | 12 | 19 | 26 | 2 | 9 | 16 | 23 | 30 | 7 | 14 | 21 | 28 |
| Do | 6 | 13 | 20 | 27 | 3 | 10 | 17 | 24 | 1 | 8 | 15 | 22 | 29 |
| Fr | 7 | 14 | 21 | 28 | 4 | 11 | 18 | 25 | 2 | 9 | 16 | 23 | 30 |
| Sa | 8 | 15 | 22 | 29 E-Kader | 5 E-Kader | 12 TE SLZ | 19 TE SLZ | 26 E-Kader | 3 TE SLZ | 10 Hallensportfest | 17 E-Kader | 24 | 31 |
| So | 9 | 16 | 23 | 30 | 6 E-Kader | 13 | 20 | 27 | 4 | 11 Hallensportfest | 18 | 25 | 1 |

| | Januar | | | Februar | | | | März | | | | | |
|----|--------|------------------|-----------|-----------------|-----------|-----------------|----|------|----|----|----|-------------------|-------------------|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Mo | 2 | 9 | 16 | 23 | 30 | 6 | 13 | 20 | 27 | 5 | 12 | 19 | 26 Trainingslager |
| Di | 3 | 10 | 17 | 24 | 31 | 7 | 14 | 21 | 28 | 6 | 13 | 20 | 27 Trainingslager |
| Mi | 4 | 11 | 18 | 25 | 1 | 8 | 15 | 22 | 29 | 7 | 14 | 21 | 28 Trainingslager |
| Do | 5 | 12 | 19 | 26 | 2 | 9 | 16 | 23 | 1 | 8 | 15 | 22 | 29 Trainingslager |
| Fr | 6 | 13 | 20 | 27 | 3 | 10 | 17 | 24 | 2 | 9 | 16 | 23 | 30 Trainingslager |
| Sa | 7 | 14 | 21 LM U18 | 28 LM U20 + U16 | 4 NDM U20 | 11 BM U16 + U14 | 18 | 25 | 3 | 10 | 17 | 24 Trainingslager | 31 |
| So | 8 | 15 LM Winterwurf | 22 LM U18 | 29 LM U20 + U16 | 5 NDM U20 | 12 BM U20 + U18 | 19 | 26 | 4 | 11 | 18 | 25 Trainingslager | 1 |

| | April | | | Mai | | | | Juni | | | | | |
|----|-------|-------------|------------------|-------------------|------------------|--------------|-----------------|---------------------|------------|-----------------|----------------|--------------|-----------------|
| | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Mo | 2 | 9 | 16 | 23 | 30 | 7 | 14 | 21 | 28 | 4 | 11 | 18 | 25 |
| Di | 3 | 10 | 17 | 24 | 1 | 8 | 15 | 22 | 29 | 5 | 12 | 19 | 26 BM JtFO |
| Mi | 4 | 11 | 18 | 25 | 2 | 9 | 16 | 23 | 30 | 6 NAT Sportfest | 13 Werferabend | 20 | 27 |
| Do | 5 | 12 | 19 | 26 | 3 | 10 | 17 | 24 | 31 | 7 | 14 | 21 | 28 |
| Fr | 6 | 13 | 20 | 27 | 4 | 11 | 18 | 25 | 1 | 8 Quali DSMM | 15 | 22 | 29 |
| Sa | 7 | 14 Wertetag | 21 | 28 Bahneröffnung | 5 Qualiwettk. MK | 12 Sportfest | 19 BM M/F - U18 | 26 Pfingstsportfest | 2 NDM U18 | 9 BM U16 | 16 BM Block | 23 LM MK U16 | 30 LM U20 + U16 |
| So | 8 | 15 | 22 Bahneröffnung | 29 LM Langstaffel | 6 Qualiwettk. MK | 13 | 20 BM M/F - U18 | 27 Pfingstsportfest | 3 LM Block | 10 | 17 | 24 LM MK U16 | 1 LM U20 + U16 |

| | Juli | | | August | | | | September | | | | | |
|----|----------|------------------|-----------------|--------|----|----|--------------|--------------|-------------|-------------------|----------|------------|------------------|
| | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 |
| Mo | 2 | 9 | 16 | 23 | 30 | 6 | 13 | 20 | 27 | 3 | 10 | 17 | 24 |
| Di | 3 | 10 | 17 | 24 | 31 | 7 | 14 | 21 | 28 | 4 | 11 | 18 | 25 |
| Mi | 4 | 11 Stabhoch | 18 | 25 | 1 | 8 | 15 | 22 | 29 | 5 | 12 | 19 | 26 |
| Do | 5 | 12 LM JtFO | 19 | 26 | 2 | 9 | 16 | 23 | 30 | 6 | 13 | 20 | 27 |
| Fr | 6 | 13 | 20 DM U20 + U18 | 27 | 3 | 10 | 17 | 24 DM MK U18 | 31 | 7 | 14 | 21 | 28 |
| Sa | 7 LM U18 | 14 LM MK U20/U18 | 21 DM U20 + U18 | 28 | 4 | 11 | 18 DM MK U16 | 25 DM MK U18 | 1 Sportfest | 8 | 15 BM MK | 22 | 29 Wertetag |
| So | 8 LM U18 | 15 LM MK U20/U18 | 22 DM U20 + U18 | 29 | 5 | 12 | 19 DM MK U16 | 26 DM MK U18 | 2 | 9 Vergleichskampf | 16 BM MK | 23 LM DSMM | 30 PSV Sportfest |

